INFORMATION SHEET ON THE U. S. SERVICE ACADEMIES

NOMINATION REQUIREMENTS:

1.   Must meet the basic requirements of the academies;
                Be unmarried, not pregnant, and have no legal obligation for a child or
                other dependents.
                MUST be a United States citizen.
                Must be 17 years old and not have passed the 23rd birthday.

2.   Must be a legal resident of the First Congressional District.
                Military families should call the Yorktown district Office at: (757)874-
                6687 to verify the residency requirement.

3.   The applicants should write to their congressional offices at the end of their junior
        year of   high school expressing his/her interest in attending a service
        academy.

4.   TAKE THE SAT! As often as possible. Have your scores sent directly to
                the Yorktown   District Office. The First District SAT Code Number is
                5740. The scoring system for the SAT has changed with the introduction
                of the three part test in 2005. Past scores considered as acceptable by the
                academies were above 1250 combined verbal and math with the math
                score being above 620. Overall acceptable combined scores for the new
                test are yet to be determined.

5.   Additional information which may be required:

                A written essay of 300 words or less entitled, "Why I Wish to Attend a
                United States Service Academy."
                Your school transcript including your GPA and class rank.
                A recent photograph. A snapshot is acceptable, but please keep it tasteful.
                NO sleep wear or sweat outfits!
                College transcripts, if applicable.
                It is a very good idea to write up a resume of your accomplishments and
activities.
                Letters of recommendation. Limit-THREE.

6.   Copies of communication between the academies and the applicant. This
        generally relates to athletic coach correspondence. This does not influence the
        nominations, but keeps the applicant's file current.

                FIRST DISTRICT DEADLINE IS OCTOBER 31st..